What Does Your Day Look Like?

We all have 24 hours each day – what you do with those hours makes each person's day different. Let's learn more about a day in your, and your parent/mentor's, life. Who knows, you may want to have a job similar to theirs once you see what they do during their day.

Bonus Activity:

 $\Delta v = v_e ln$

For this activity, we are going to focus on eight hours in one day. In a few words, write down what you normally do each hour and allow your parent/mentor to do the same. Discover the similarities and differences in your daily activities. Want a challenge? Do the same activity, but think back a few months before the pandemic started. How has COVID-19 affected your schedule?

JR. INNOVATOR	HOUR	PARENT/MENTOR
	1	
	2	
	3	
	4	
	5	
	6	
	7	
	8	

