



Behavioral Health



Military Service places unique demands both on those who serve, as well as on their families. The resulting challenges to military readiness and to behavioral health, including cognitive and social-emotional wellness, that can arise deserve the utmost in prevention, care, and support. As a trusted resource for the military since 1969, Leidos develops and implements a broad array of state-of-the-art, evidence- and outcomes-based behavioral services for Service members, families, and veterans. Outcomes from these services include improved psychological resilience, force readiness, and positive health behaviors for Service members and their families.

OUR APPROACH

Combining care and compassion with data-driven practices, we work to make measurable, positive differences in the mental health and wellness of Service members and their loved ones. Leidos employs highly-trained and credentialed behavioral-health practitioners and experts who identify new ways to reach out to those who need assistance, provide a variety of therapy and support methodologies, and wherever possible prevent problems from arising in the first place. Whether it is reducing the risk of suicide, finding new ways to mitigate and treat Post Traumatic Stress Disorder (PTSD), improving performance and readiness, or helping with depression, addiction, and sleep disorders, we understand how to apply research and best practices throughout the behavioral-health fields to help people cope and live their fullest, most productive lives.

OUR CAPABILITIES

Drawing on a breadth of expert experience, often acquired from personal military service, we know how to address the special requirements of Service members, families, and veterans. Our expertise ranges from preventive education, to behavior-change support, to psychiatric clinical care, to predictive analytics, and much more. We apply a holistic approach encompassing the emotional, physical and environmental factors contributing to behavioral health, and leverage digital tools for spotting and tracking problems and measuring outcomes in individuals and across populations.

Our behavioral-wellness capabilities include:

- ▶ Feedback-informed therapy (FIT)
- ▶ Counseling and education
- ▶ Psychological evaluation
- ▶ Psychiatric services
- ▶ Preventive-wellness programs
- ▶ Behavior-change coaching
- ▶ Predictive analytics
- ▶ Risk stratification
- ▶ Post Traumatic Stress Disorder (PTSD) therapies
- ▶ Targeted outreach services
- ▶ Global rapid crisis response
- ▶ Integrated digital tools
- ▶ Community-based services
- ▶ Longitudinal population studies

PROVEN SUCCESS

At Leidos, we pride ourselves on creating solutions to complex, technically challenging problems of national and global importance. We discover new ways to fight cancer and inoculate against infectious disease, defend our nation's most critical cyber networks against attack, manage a leading-edge electronic health record solution for the DoD with unprecedented scope, and modernize national health infection tracking with a cloud-based solution. In the same vein, we are proud to find new approaches to the behavioral wellness of Service members and their families.

WHY PARTNER WITH LEIDOS?

As a leading provider of data-driven, value-based solutions for the U.S. government, we understand our customers and their missions. By bringing our expertise in biobehavioral research, clinical care, support services, and technology to bear, we deliver solutions that provide immediate benefits aimed at our customers' most important needs. Our multi-domain knowledge of the underlying science enables us to take a disciplined, efficient, evidence-based approach that distinguishes our integrated and holistic solutions.

NEXT STEP

Behavioral health is of critical value to the military, families and veterans. For a better approach to behavioral health challenges, visit us at leidos.com/human-performance.

ABOUT LEIDOS

Leidos is a Fortune 500® health services, information technology, engineering, and science solutions leader working to solve the world's toughest challenges in the defense, intelligence, homeland security, civil, and health markets. The company's 37,000 employees support vital missions for government and commercial customers. Headquartered in Reston, Virginia. Leidos reported annual revenues of approximately \$11.09 billion for the fiscal year ended January 3, 2020.