



# Military and Family Readiness



**Preparing Service members for the many challenges they may face during their military service is a significant responsibility. To that end, Leidos offers a wide spectrum of specialties to address readiness factors for active-duty Service members. Our objective is to help Service members achieve peak performance and maintain the highest possible state of health and quality of life, while also providing supports for families and veterans.**

## **OUR APPROACH**

Leidos brings a range of leading-edge training and evaluation techniques to prepare Service members to face daunting tasks under difficult conditions during deployment, whether the mission involves combat, peacekeeping, or logistics. We help develop and test equipment that offers extra protection and supports high performance. Our deep involvement in healthcare enables us to raise the bar on preventive care and to build resilience, as well as to spot and preempt health challenges before they become serious and difficult to treat. We pay close attention to behavioral health challenges and to the community-based social determinants of health so we can help improve and safeguard wellness for both Service members and their families, wherever they are, and whether before, during, or after deployment. We also help with the transition to civilian life, and with the health and well-being of veterans.

## **OUR CAPABILITIES**

We offer experience and expertise that spans the broad range of specialties relevant to readiness. Whether it is state-of-the-art training simulations; the latest and best practices in evidence-based preventive care; a long history of advancing and applying science and technology to improve human performance; or the ability to deliver clinical and counseling services on the base, in the field, and throughout the community, we are able to deliver the needed comprehensive, longitudinal approach to improving force and family readiness.

## Our readiness-supporting capabilities include:

- ▶ Training and evaluation technology
- ▶ Gear development and testing
- ▶ In-theater trauma care
- ▶ Predictive analytics
- ▶ Family and financial counseling
- ▶ Child and adolescent care
- ▶ Preventive care
- ▶ Chronic disease management
- ▶ Longitudinal care via telehealth
- ▶ Stress and sleep support
- ▶ Post-deployment adjustment
- ▶ Physical exams
- ▶ Performance evaluation
- ▶ Health behavior change
- ▶ Veteran care
- ▶ Outcomes-based readiness research

## PROVEN SUCCESS

At Leidos, we pride ourselves on creating solutions to complex, technically challenging problems of national and global importance. We discover new ways to fight cancer and inoculate against infectious disease, defend our nation's most critical cyber networks against attack, manage a leading-edge electronic health record solution for the DoD with unprecedented scope, and modernize national health infection tracking with a cloud-based solution. In the same way, we find new approaches to increasing the readiness of Service members and their families.

## WHY PARTNER WITH LEIDOS?

As a leading provider of data-driven, value-based solutions for the U.S. government, we understand our customers and their missions. By bringing our expertise in biobehavioral research, clinical care, support services and technology to bear we are able to deliver solutions that provide immediate benefits aimed at our customers' most important needs and challenges. Our multi-domain knowledge of the underlying science enables us to take a disciplined, efficient, evidence-based approach that distinguishes our integrated and holistic solutions.

## NEXT STEP

Readiness is of ultimate importance to the military. For a better approach to achieving readiness, visit us at [leidos.com/human-performance](https://leidos.com/human-performance).

## ABOUT LEIDOS

Leidos is a Fortune 500® information technology, engineering, and science solutions and services leader working to solve the world's toughest challenges in the defense, intelligence, homeland security, civil, and health markets. The company's 37,000 employees support vital missions for government and commercial customers. Headquartered in Reston, Virginia, Leidos reported annual revenues of approximately \$11.09 billion for the fiscal year ended January 3, 2020.