



Improving Human Resilience



Military Service involves a variety of potential stressors, including physical danger, injuries, and a range of deprivations. There are ways to help Service members face and even overcome these stressors to regain health, function, and well-being, and to reduce the risk of long-term trauma. Improving Service member resilience begins with instilling and nurturing the right practices and support during training, in the field, throughout recovery, and in every day life. The stressors and hardships of Military Service can also extend to Service members' families, so resilience is important to them, too

OUR APPROACH

With 30 years of experience developing and implementing human-performance improvement programs for the U.S. military, we are proficient in identifying and implementing the many practices and support structures that enhance resilience. From biobehavioral research and training development, to clinical care and rehabilitation, through counseling services, Leidos can provide all the elements of a comprehensive resilience-building program. As a major electronic health records integrator for the DoD and VA, we also understand how to mine available data to determine which strategies are most likely to work for which people and under what circumstances, as well as how to track and document results to achieve optimal outcomes for Service members, veterans, and their families.

OUR CAPABILITIES

As a trusted resource for the military since 1969, with military and veteran health expertise spanning behavioral science, clinical care, advanced data analytics and visualization, and health information security, Leidos is uniquely equipped to build a comprehensive resilience framework serving Service members, veterans, and their family members.

Our resilience-supporting capabilities include:

- ▶ Equipment development
- ▶ In-theater medicine
- ▶ Electronic health record (EHR) analysis
- ▶ Physical training development
- ▶ Biobehavioral research
- ▶ Preventive medicine
- ▶ Clinical care
- ▶ Rehabilitative care
- ▶ Family counseling
- ▶ Value-based care
- ▶ Mobile health technology
- ▶ Crisis-care deployment
- ▶ Suicide prevention
- ▶ Longitudinal care
- ▶ Community-based services
- ▶ Post Traumatic Disorder (PTSD) prevention and care

PROVEN SUCCESS

At Leidos, we pride ourselves on creating solutions to complex, technically challenging problems of national and global importance. We discover new ways to fight cancer and inoculate against infectious disease, defend our nation's most critical cyber networks against attack, manage a leading-edge electronic health record solution for the DoD with unprecedented scope, and modernize national health infection tracking with a cloud-based solution. In the same way, we find new approaches to increase the resilience of service members and their families.

WHY PARTNER WITH LEIDOS?

As a leading provider of data-driven, value-based solutions for the U.S. government, we understand our customers and their missions. By bringing our expertise in biobehavioral research, clinical care, support services, and technology to bear, we are able to deliver solutions that provide immediate benefits aimed at our customers' most important needs. Our multi-domain knowledge of the underlying science enables us to take a disciplined, efficient, evidence-based approach that distinguishes our integrated and holistic solutions.

NEXT STEP

Resilience is of critical value to service members, veterans, and their families. For a better approach to resilience building, visit us at leidos.com/human-performance.

ABOUT LEIDOS

Leidos is a Fortune 500® health services, information technology, engineering, and science solutions leader working to solve the world's toughest challenges in the defense, intelligence, homeland security, civil, and health markets. The company's 37,000 employees support vital missions for government and commercial customers. Headquartered in Reston, Virginia. Leidos reported annual revenues of approximately \$11.09 billion for the fiscal year ended January 3, 2020.