

OPTIMIZING HUMAN PERFORMANCE AND ENHANCING MILITARY READINESS

Less than half of 1% of the U.S. population serve in the military. In fact, 71% of Americans¹ are military-ineligible because they don't meet fitness standards, have prior drug use, criminal records, and more.



\$49.5B

the total to fund the Military Health System (MHS) and represents 6.5% of the total DOD budget⁹



\$13.32M

dedicated to brain injury and disease prevention, treatment, and research⁹



9.5M

DOD beneficiaries and 205,000K MHS personnel have electronic health records through the MHS, supported by DOD MHS GENESIS



23.5M

unique Veterans' health records migrated by the Department of Veterans Affairs to its new electronic health records system¹⁸



11%

of the DOD's total reserve, active duty, and National Guard force were non-deployable in Jan. 2018⁵ with 80% non-deployable due to medical reasons⁶

RESILIENCY

43.2%

Active duty military personnel who indulge in binge drinking¹¹

130 days

Average number of days Service members drink in a year (leading all other professions)¹⁴

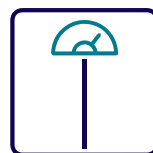
- ▶ **~7,000**: number of active duty military members who have died while serving in U.S. overseas military contingency operations since 9/11/2001¹⁰
- ▶ **20%** of Veterans of Iraq and Afghanistan deployments will experience acute anxiety, stress, and/or depression³
- ▶ **25.9/100,000** is the active component suicide rate in 2019⁴
- ▶ **19%** of the personnel who served on OEF/OIF tours between 2001-2014 developed PTSD within 1 year of coming home²
- ▶ **1/10** Veterans have been diagnosed with a substance abuse disorder, slightly higher than the general population¹⁷
- ▶ Approximately **38% of female** and **4% of male** military personnel and Veterans have experienced Military Sexual Trauma⁸



PHYSICAL CONDITIONING



- ▶ **40%** of active duty military members report sleeping 5 hours or fewer per night¹⁹
- ▶ **62-74%** of military personnel classified as poor sleepers¹⁵
- ▶ **9%** of military personnel reported taking sleeping medications either "daily" or "almost daily"¹³



- ▶ **1 in 3** potential recruits are too heavy to enlist¹²
- ▶ **17.1% vs. 13.5%** of adjusted total calories from sugars for Veterans vs. non-Veterans¹⁶
- ▶ **17.3% vs. 14.3%** of adjusted total calories from solid fats for Veterans vs. non-Veterans¹⁶

For nearly four decades, Leidos has been working with the U.S. military to support the performance, resilience, and wellness of Service members.

PLEASE VISIT US AT: leidos.com/human-performance



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