



# Military and Family Life Counseling Program



## PROGRAM OVERVIEW

As part of our ongoing mission to support federal programs focused on health, Leidos partners with the Department of Defense (DOD) on the Military and Family Life Counseling (MFLC) program. Through this program, the DOD makes a commitment to its Service men and women and their families to provide a counseling program that is readily accessible and offers transformative services in support of their life, health, and readiness. This holistic view ensures Service members receive support for:

- ▶ Non-medical counseling
- ▶ Complex and unique matters of military life such as hazard duty, life on base, life overseas, and being away from home
- ▶ Children's counseling and childhood education programs

There's no question that the military lifestyle creates unique challenges— the MFLC program helps Service members face these challenges by increasing resiliency and enhancing problem-solving capabilities.

Our emphasis is on creating a force of the most knowledgeable and qualified MFLC counselors available across the U.S. and around the world because the mission of serving Service members, Veterans, and their families is personal to us. This begins with our Counseling Center of Excellence. Our Counseling Center of Excellence is a central support hub where MFLC counselors have access to the latest expert advice, state-of-the-art resources from our knowledge vault, and management tools, enabling our counselors to spend less time on administration and more time with their participants.



“For over 50 years, Leidos has been proud to serve the military and veteran community. We are excited to expand this legacy by supporting the MFLC program, Service members, and their families as they navigate the challenges and joys of military life.”

**Roger Krone**  
LEIDOS CEO

Our Counselor for Life program, Coach-Player, and Peer-Mentor models create a culture of support from orientation through career development. Practices, techniques, and opportunities allow MFLC counselors to enjoy career mobility, improve their skills, and tap into the mentorship and specialized expertise that are vital for growth and retention.

The final piece of the puzzle is the Service members themselves. Through Feedback Informed Counseling (FIC), MFLC counselors can see, in real-time, the effect of their counseling on a participant's well-being and their satisfaction with the outcome. This consistent feedback loop allows MFLC counselors to adapt to the changing needs of their participants, without interrupting the quality of the services they provide.

Leidos has a strong legacy of making the world safer, healthier, and more efficient through information technology, engineering, and science. Our work on the MFLC program builds on this legacy, and we are honored to serve in this most important mission.

## Facts About the Program

### THE MFLC AS A FORCE MULTIPLIER

The MFLC program optimizes human performance, readiness, and resiliency, preparing military Service members and their families for success before, during, and after deployment. As Service members find themselves better able to handle stresses, family situations, and the fog of deployment – and bouncing back from daunting physical and emotional situations – they gain the freedom to focus their full attention on their mission and exceed expectations. Well-being, recovery, and healing enhance abilities across the board.

### SIGNIFICANT RESPONSE TO WORLD EVENTS

The MFLC team is a team that responds to an ever-changing and hard-to-predict world. As planned and unplanned events occur globally, MFLC counselors are committed to responding to support those they serve. A core understanding of the military and the world equip them to stay one step ahead and meet demands, where and when they occur. Though time isn't always on an MFLC counselor's side, the MFLC program's Rapid Response team is creating playbooks, coordinating training, and directing courses of action that put them in the best position to succeed. The MFLC team's centralized approach, modeled on common military functional structure of personnel, operations, logistics, and intelligence, reduces MFLC counselor burden and increases efficiency, enabling counselors to respond quickly and effectively.

### LEIDOS' LIFETIME OF HEALTHCARE PHILOSOPHY

Leidos believes that clients are more than a doctor's visit. A lifetime view of the client as a participant in their own care transforms healthcare from one that is episodic – a single doctor's visit, for example – to one that takes into account the individual's entire healthcare journey.

This unique, universal view of a client, allows us to focus on his or her holistic health. Starting a journey right leads to better results down the road. From their first day in the military to retirement as a Veteran, the MFLC program furthers the journey of Service members and their families through skills that enable recovery and healing and resources and resiliency to reduce distress and increase well-being.

### FOR MORE INFORMATION

[leidos.com/MFLC](https://leidos.com/MFLC) | [leidos.com/contact](https://leidos.com/contact)



"The health and welfare of our military and their families is vital to our national security and readiness. With over 16,000 Veterans employed by Leidos and as a proud military spouse myself, this work is both meaningful and personal. We're committed to excellence and look forward to supporting military families through this new contract."

**Liz Porter**  
HEALTH GROUP  
PRESIDENT